

EATDRINKSLEEP

RESTAURANTS WITH ROOMS IN BRITAIN'S
MOST BEAUTIFUL PLACES

calendar 2018

Open every day for lunch and supper.
Grown-ups, children and dogs welcome.

Although we like to email you with news of what's going on, there is so much in the pipeline that we draw up this calendar to alert you to what lies ahead, both within our own walls and beyond them.

One of the joys of working in Wales and Cornwall are the festivals which bring colour and context to the towns and villages which surround us. Often these are free or represent sensational value for money.

We thank them for the people they bring, the entertainment, and the sense of community they give to those of us who live here.

We both hope that your year has many more ups than downs and that your time with us, whether staying for a week or merely using our loos, is well spent.

Thank you for your support.

Charles Inkin
charles@eatdrinksleep.ltd.uk

Edmund Inkin
edmund@eatdrinksleep.ltd.uk

january

1 Monday

New Year's Day

Hangover lunch from 12pm,
Bloody Mary served all day.

7 Sunday

Closure Feast

Felin Fach Griffin
Eating the cupboards bare
and emptying the barrels
before our annual closure
for maintenance.
£15 per head.

13 - 27 Sat - Sat

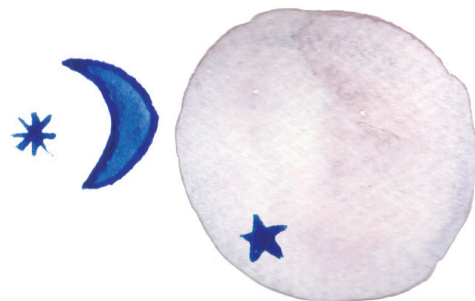
Lunch for a Fiver

In Cornwall and Wales
Our longest running eating offer is too
good to miss, lunch for two where the
second person eats for just £5. Details
available from our teams.

25 Thursday

Burns Night Dinner

Felin Fach Griffin
Three courses for £29.50 per head.



february

14 Wednesday

Valentine's Day

Prix Fixe Valentine's menu right
across EDS.

21 Wednesday

Needle Felting

Felin Fach Griffin
FolkyFelt lead the first of three
felting workshops at The Griffin,
including refreshments and a 2
course lunch. 10am - 3pm,
£35 per person.

24 Saturday

Poetry Round The Fire

The Gurnard's Head
Author David Whittaker will read
from his book 'Give Me Your
Painting Hand' about the poet
W.S. Graham and his life at The
Gurnard's Head. 4pm - 5.30pm.

24 - 4 Feb - March

Crickhowell Walking Festival

In Wales
Guided walking trips in the hills
and mountains surrounding
Crickhowell and Brecon.



march

2 - 4 Fri - Sun

Weekend Yoga Escape

The Old Coastguard
Our Yoga Escapes return for 2018,
with teacher Leif Olsen leading this
one in early spring and the next in
November. For residents and
non-residents.

11 Sunday

Mothering Sunday

16 Friday

Spring Wine Supper

The Felin Fach Griffin
We welcome Astrum Wines to
host the first in our season of Wine
Suppers at The Griffin.
£60 per head.

22 Thursday

Winter Escape ends

In Cornwall and Wales

23 Friday

Spring Wine Supper

The Gurnard's Head
We're delighted to introduce
Rich Hamblin of More Wine,
whose mission it is to source
and supply low intervention,
high quality wine from small
vineyards with a focus
on sustainability.
£60 per person.

30 Friday

Good Friday

Traditional Good Friday walk
from Mousehole to Lamorna.



april

1 Sunday

Easter Sunday

Sunday lunch and
traditional egg hunt.

6 Friday

Puppet Making

The Old Coastguard
A puppet making workshop for
the whole family, a chance to
get creative under the talented
tuition of Mae Voogd.

7 Saturday

Wild Food Walk

The Old Coastguard
Our popular foraging walks
continue for 2018, as Caroline
Davey of Fat Hen Cookery
School leads a tutored walk
followed by lunch at The Fat
Hen. £45 per head.

15 Sunday

Start of the Spring Sleepover

Across EatDrinkSleep
2+ nights break with dinner and
breakfast. From just £329 per couple.
Until 17th May.

19 Thursday

Needle Felting

Felin Fach Griffin
The second felting workshop at The
Griffin, including refreshments and
a 2 course lunch. 10am - 3pm, £35
per person.

20 - 22 Fri - Sun

Porthleven Food & Music Festival

In Cornwall
Marking the 10th anniversary of this
food, music, arts & crafts festival.

21 Saturday

Drawing from Nature

The Gurnard's Head
A one-day drawing workshop led by
painter Claire Lucas. £80 per person,
including lunch at The Gurnard's.

EDS+

Many of our guests visit simply for a bite to eat, plenty of sleep and perhaps a little to drink. And they love to have the freedom to do what they want during the day.

But EDS+ was created for those who wanted a bit more. Guests who wanted some more tangible purpose to their stay, bringing them into contact with the very talented people who live with us in Cornwall and Wales: foragers, poets, artists, and yoga teachers.

EDS+ is open to those not overnighing with us, whether visitors staying locally or those of you who live near us. Please do talk to our teams if you'd like to book tickets for yoga, art retreats or walks.

REGULAR EVENTS

The Old Coastguard Book Club

On the first Monday of every month from 7.30pm.

Storytelling by the Sea

The Old Coastguard every Wednesday
during school holidays at 11:30am.

Sunday Sleepover

In Cornwall and Wales
Our longest running offer: Sunday lunch,
supper, a good night's sleep and a great
breakfast on Monday morning.

THE FELIN FACH GRIFFIN

Brecon, Powys, LD3 0UB

01874 620 111

@felinfachgriffin

THE GURNARD'S HEAD

St. Ives, Cornwall, TR26 3DE

01736 796 928

@gurnardshead

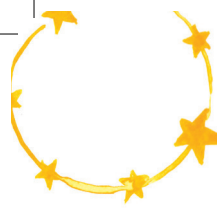
THE OLD COASTGUARD

Mousehole, Cornwall, TR19 6PR

01736 731 222

@leroundhouse

Please go to any of our websites to become a friend of EATDRINKSLEEP, so we can keep you up to date with news and events.



may



july



september

november

4 Friday

Forage & Feast Day
The Gurnard's Head
A foraging trip around the headland led by Caroline Davey and Charles Inkin, followed by lunch at The Gurnard's. £65 per head.

4 - 7 Fri - Mon

Talgarth Walking Festival
In Wales
Talgarth's 6th walking festival is ideal for exploring the Brecon Beacons on foot.

17 Thursday

Needle Felting
Felin Fach Griffin
The last in our series of felting workshops at The Griffin, including refreshments and a 2 course lunch. 10am - 3pm, £35 per person.



1 Friday

Summer Market
The Old Coastguard
A chance to sample produce from some of our excellent local suppliers, and browse arts & crafts from West Penwith's community of talented artists and designers.

14 Thursday

GH Supper Club
The Gurnard's Head
Our laid-back social dining event at The Gurnard's, arrival at 6pm. £35 per head.

15 Friday

Summer Exhibition: The West Coast Paintings
The Old Coastguard
Our 2018 summer exhibition, featuring paintings by Catherine Harvey Jefferson, opens here until the 9th September. Preview 5pm - 6.30pm.

18 Friday

Spring Wine Supper
The Old Coastguard
Our final Spring Supper. Theme to be confirmed. £60 per head.

24 - 3 May - June

Hay Literary Festival
In Wales
The Hay Festival celebrates a love of reading, writing, ideas and storytelling. Bringing together writers from around the world against the backdrop of the Black Mountains. And just 15 minutes from the Griffin.

28 Monday

Bank Holiday



june

16 Saturday

Drawing from Nature
The Gurnard's Head
Another chance to immerse yourself in a one-day drawing workshop with Claire Lucas. £80 per person, including lunch at The Gurnard's.

17 Sunday

Father's Day

18 - 24 Mon - Sun

Golowan Festival
In Cornwall
Including Mazey Day on Saturday 23rd June, Penzance's midsummer festival has grown to become one of the major arts festivals of the South West.

29 - 1 June - July

Ale & Anchor
The Old Coastguard
Our annual music and ale festival at The Old Coastguard; a weekend of foot-stomping music, children's entertainment, local ales and the best BBQ around.

1 - 31 Mon - Tues

31 Days of Riesling
Across EatDrinkSleep
A whole month dedicated to one of our very favourite and most versatile grapes.

7 Saturday

Lunch with the Artist
The Old Coastguard
Catherine Harvey Jefferson talks about her current exhibition hanging at The Old Coastguard. Talk from 12pm, followed by a relaxed three course lunch and discussion from 1pm. £40 per person.

21 Saturday

Lafrowda Day
In Cornwall
St Just's Lafrowda Festival is a traditional community event held during July, with workshops, parades, stalls and performances.

21 Saturday

Kitchen Garden Open Day
The Felin Fach Griffin
A guided tour of The Griffin Kitchen Garden. An opportunity to meet the gardeners and have lunch or tea on the lawn.

21 Saturday

Drawing on the Coast
The Old Coastguard
Expressive drawing workshop with Catherine Harvey Jefferson, working directly from the coastline at the bottom of our gardens. £25 per person, 10am - 12pm.

23 - 26 Mon - Thu

Royal Welsh Agricultural Show
The UK's best attended agricultural show, not far from The Griffin in Builth Wells.

august

4 Saturday

Brecon County Show
In Wales
The largest annual event in Brecknockshire and the largest one-day agricultural show in the county.

16 - 19 Thu - Sun

Green Man Festival
In Wales
One of the UK's largest folk festivals, and just 15 minutes from The Griffin at Glanusk.

27 Monday

Felin Fach Show
The Felin Fach Griffin
The village's magnificent one-day show.

27 Monday

Bank Holiday



october

4 Thursday

Last day of the September Sleepover
Across EatDrinkSleep

14 Sunday

Coastal Painting Retreat
The Gurnard's Head
Painter, Claire Lucas, leads an inspiring, nourishing creative retreat, exploring West Cornwall's coast through painting practice. 3 nights with dinner at The Gurnard's Head, and 3 days immersive painting.

18 - 22 Thu - Mon

Brecon Baroque Festival
In Wales
A little gem of a music festival in venues around Brecon.

2 Sunday

September Sleepover
Across EatDrinkSleep
Our Autumn Sleepover returns, stay for 2 or more nights with dinner, bed & breakfast from just £329 per couple, until the 4th October.

7 Friday

Forage & Feast Day
The Gurnard's Head
A foraging trip around the headland led by Caroline Davey and Charles Inkin, followed by lunch at The Gurnard's. £65 per head.



8 - 22 Sat - Sat

St Ives Festival
In Cornwall
This local festival lasts 15 days with live music, arts and literature at a number of venues across the town. Just 15 minutes from The Gurnard's Head.

19 Wednesday

Wild Food Walk
The Old Coastguard
Caroline Davey of Fat Hen Cookery School leads a tutored walk followed by lunch at The Fat Hen. £45 per head.

26 Friday

Winter Exhibition
The Old Coastguard
Preview 5pm - 6.30pm.

27 Saturday

Drawing from Nature
The Old Coastguard
Join Claire Lucas for a day's drawing tuition on the South Coast in Mousehole. £80 per person. Includes a 3 course lunch at The Coastguard.

28 Sunday

Start of the Winter Escape
Across EatDrinkSleep



2 Friday

Game Wine Supper
Felin Fach Griffin
Our autumn wine dinner in the heart of the countryside. £60 per head.

9 Friday

The Winter Fair
The Old Coastguard
Hugely popular on its 2017 debut, our Winter Fair showcases work by local artists and craftspeople, as well as the produce of some of our local suppliers. 11am - 4pm.

9 - 11 Fri - Sun

Weekend Yoga Escape
The Old Coastguard
Leif Olsen leads the practice at our Autumn Yoga Escape, while The Old Coastguard looks after all your other needs. For residents and non-residents.

23 Friday

Winter Wine Supper
The Old Coastguard
Contact the Roundhouse team for details of our Winter Supper. £60 per head.

26 - 27 Mon - Tue

Royal Welsh Agricultural Winter Fair
Firmly established as one of the most popular attractions on the British agricultural calendar.



december

8 Saturday

Village Christmas Feast
The Old Coastguard
A one-off Christmas party. Don your Christmas hats, bring your friends and family to celebrate this festive time of year. £24 for 3 courses. Sharing tables.

15 Saturday

Village Christmas Feast
The Gurnard's Head & Felin Fach Griffin
Our Christmas party continues in Zennor and Wales. £24 for 3 courses. Sharing tables.

15 Saturday

Christmas Lights Switch-on
The Old Coastguard
The Mousehole Christmas Lights are switched on at 7pm followed by the voices of Mousehole Male Voice Choir singing on the quay.

21 Friday

Carols at The Griffin
The Felin Fach Griffin
Wrap up warm and enjoy a traditional carol concert outside in our barns with mulled wine & mince pies. From 7pm.

23 Sunday

Tom Bawcock's Eve
The Old Coastguard
The villagers of Mousehole celebrate the bravery of one Tom Bawcock, who rescued the village from starvation by bringing in a huge catch of fish.

29 Monday

Across EatDrinkSleep
We close after lunch on Christmas Eve and on Christmas Day, re-opening for Boxing Day lunch.

31 Monday

New Year's Eve